



Isaiah 61 Ministries

"Helping people find their healing, wholeness & freedom in Christ through Biblical counseling"

January 2024

A NOTE FROM THE DIRECTOR

Five years old! I can hardly believe it! Isaiah 61 Ministries has been in operation for five years! The ministry has gone from infancy through toddler-hood and is now emerging as a....well, I guess we are now a "Kindergartner"—established on its feet, grown up in many ways, numerous (even miraculous) milestones under its belt but still has more growing to do.

I'm not really a "numbers" kind of person but rather than me ramble on and on, I will let the numbers do the talking for me. In five short years, look at how the Lord has blessed, grown and used Isaiah 61 Ministries:

Started with one sole volunteer—five years later: two staff, three peer counselors (about to add a fourth!) and one admin volunteer!

Started in a basement office with four rooms—five years later: more than double our office space with ten rooms/spaces!

Finished each of our five years in the black financially! With all our counseling services and materials remaining free of charge!

And look at these five-year totals:

- 14,812 hours served by staff and volunteers*
- 8,312 admin hours*
- 6,242 counseling hours*
- 258 training hours*
- 736 individuals counseled*
- 42 couples counseled*
- 5,587 counseling sessions*

As I type this, and I am not kidding, I can "hear" in my mind (and heart) our son Nathan singing in the backseat of our van at the top of his little lungs (which he frequently did) "Our God is an awesome God...He reigns from Heaven above...With wisdom, power and love...Our God is an awesome God." To which I respond, "Yes, He is, Nathan! Yes, He is!"

A huge thank you to all who have made these last five years possible—to the staff, to the volunteers, to those who faithfully pray for us and to those who financially support the ministry! We especially thank all of those who have trusted us in some of the most difficult and painful moments of their lives and have allowed us to come alongside them in their journey to a place of healing, wholeness and freedom in Christ.

Happy Birthday Isaiah 61 Ministries! How I praise God for these last five years and look forward to what is yet to come!

Teresa

An honor and privilege...

"As a pastor there are so many needs represented in our church family from week to week. It is in moments like those that we are so blessed to have a relationship with our friends at Isaiah 61 Ministries. The Isaiah 61 Team serves with such professionalism and genuine hearts for Christ, they have made such a difference in the lives of countless individuals from our church family and the community." ~ Associate Pastor

"Isaiah 61 Ministries provided a place where I learned to feel safe and accepted. The godly, healthy guidance helped me work through my issues and brought me to a place of inner peace. I am thankful that Isaiah 61 Ministries is a part of our community." ~ 60+ Female

"I am in full-time ministry and I have worked with Isaiah 61 Ministries from the start. Not only has Isaiah 61 helped my spouse and me personally, but I have referred several people with various struggles in need of counsel. I have found this ministry to be vital in our local communities." ~ 30+ Married Couple

"When my mom passed unexpectedly, I was reeling from her death....(Counselor) welcomed me with open arms. (Counselor) walked with me through the stages of grief. I will never completely heal from the loss of my mom, but (Counselor) helped me get through one of the most difficult times in my life. I highly recommend Isaiah 61 Ministries to anyone who is struggling with grief." ~ 30+ Female

"The team at Isaiah 61 have been a tremendous resource for our church and for me as a minister. I know that they have reduced the load for me as a pastoral counselor and provided real emotional support and effective counsel to many hurting folk from my church. We celebrate their five-year ministry and encourage you to consider them as a true companion in our faith community." ~ Lead Pastor

"(Counselor) presented information in two different classes for our church: one on grief, loss, and sorrow and the other on overcoming anxiety. Both classes were very well done, included handouts, time for sharing, and good information that those in the groups truly benefited from." ~ Lead Pastor

"This small group (Search for Significance) highlighted false beliefs that I had about myself and the character of Christ and allowed me to correct them with truths that came directly from Scripture. The best part was not confronting them myself, but being able to tackle these false beliefs with the wisdom of other ladies around me. Realizing the fullness of the grace and love of God through this study has helped me to change my thought patterns." ~ 30+ Female

"...I had been in counseling before, but it quickly became apparent that this was going to be different. Jesus was very much a part of these sessions. (Counselor's) professional and compassionate demeanor helped me talk through some very difficult circumstances. ... (Counselor) heard me, she was compassionate, and offered guidance and wisdom as I walked down an unwanted path. (Counselor) and Isaiah 61 ministers to the whole person—mind, heart, and spirit. I am thankful that God led me to (Counselor) and Isaiah 61 Ministries to walk down this dark road so that I could grow in Christ and, hopefully, be a blessing to someone someday." ~ 50+ Female

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DONATIONS SUBMITTED TO: 25 Stoneridge Drive, Suite 101, Waynesboro, VA 22980 or our website i61ministries.net

Isaiah 61 Ministries, Inc.
25 Stoneridge Drive, Ste. 101
Waynesboro, VA 22980

Happy 5th Birthday
Isaiah 61 Ministries

