

# Isaiah 61 Ministries

# NEWSLETTER

January 30, 2026



*Serving 100+ churches,  
non-profit organizations,  
and businesses in Augusta,  
Rockingham, and  
Rockbridge counties and  
beyond.*

## 7 YEARS OF SERVICE TO THE COMMUNITY

COUNSELING SESSIONS: 8,229  
INDIVIDUALS: 962  
COUPLES: 68  
COUNSELING HRS: 9,179  
TOTAL HRS OF SERVICE: 22,225

### FROM THE DIRECTOR

Isaiah 61 Ministries has just celebrated seven years of providing Biblical counseling to our local community—and every step of this journey has been made possible through the generosity of individuals, churches, and businesses who believe in this work. We began with one staff member, no office space, and no financial resources. Today, by God's grace, we have grown to include two staff members, four volunteer peer counselors, one office volunteer, 18 prayer partners, seven Board members, and a beautiful office space. Through donations alone, we have ended each of our seven years in the black—a testimony to the Lord's faithful provision.

Even more meaningful than our growth are the lives we have been privileged to serve. We have never charged a fee for counseling services or materials, yet we have been able to walk alongside individuals, couples, and families during some of their most painful seasons. It is an honor to offer compassionate, Christ-centered care and guidance toward healing and hope. We have also been blessed to support local churches through conferences, support groups, and Bible studies, and to serve businesses and organizations by ministering to their staff and volunteers in practical and meaningful ways. I am continually humbled by the doors the Lord opens and the opportunities He provides.

Over these seven years, it has often felt as though we were simply trying to keep pace with the Lord as He built this ministry from the ground up. As we prayerfully seek His direction for the year ahead, we sense that He has even more in store for Isaiah 61 Ministries and for our role in the community. While methods may change, our mission remains the same: to help people find healing, wholeness, and freedom in Christ from the griefs and traumas of life. We also remain firmly committed to being entirely donation-based, with no plans to charge for our services or materials.

Thank you to everyone who has walked with us on this journey. We are deeply grateful for your prayers, support, and partnership as Isaiah 61 Ministries continues to serve our community.

With gratitude,

*Teresa*

"Being confident of this, that He who began a good work in you will carry it on to completion." — Philippians 1:6

***"Helping people find their healing, wholeness and freedom in Christ through Biblical counseling"***

# COMING OPPORTUNITIES

## Depression: Keys to Hope and Healing

Date: Beginning March 19th  
7 weeks

Time: 6:00pm - 7:30pm

Location: Isaiah 61 Ministries office

## Navigating Stress & Anxiety Together

Date: Beginning September 15th  
7 weeks

Time: 6:00pm - 7:30pm

Location: Isaiah 61 Ministries office



## A Suicide Safer Community: Focusing on Awareness, Care, and Resources

We are teaming up with Bridge Christian Church in bringing this seminar to our community.

Date: September 26th

Time: TBD

Location: Bridge Christian Church

A 7-week group, *Survivors of Suicide*, will be offered at Isaiah 61 Ministries office in the Fall following the seminar. Start date and time TBD.

To attend our groups and seminars, registration is required. As the dates draw near, please visit our website to complete your registration.

### 2026 GOALS

- Increase clients 10%
- Increase community involvement 15%
- Increase sponsors 15%

### 5 Year Vision

- Pay off mortgage

DONATIONS:

25 Stoneridge Drive, Suite 101  
Waynesboro VA 22980  
(540) 221-4008



i61ministriesoffice@gmail.com  
i61ministries.net

